

## TRAINING & SUPERVISORY FACULTY

**Ashley Golub, Psy.D.** is the Director of Psychological Services. She earned her degree at the Ferkauf Graduate School in their Child-School Psychology program. Dr. Golub brings an attachment lens to her clinical work and supervision, and has expertise in psychology assessment, particularly projective measures.

**Shauna Balch, Psy.D.** is the Coordinator of Psychology Internship Training. She earned her doctorate from Pace University. Dr. Balch has experience working with individuals across the lifespan, and particularly with medically fragile youth and individuals with complex trauma.

**Kate Hariton, Psy.D.** earned her doctorate in clinical psychology from The George Washington University. She specializes in early childhood mental health and parent-infant psychotherapy.

**Ashley Rodriguez, Ph.D.** is a bilingual bicultural Psychologist. She provides therapy, assessment, and parent consultation to individuals and families across the developmental lifespan with complex trauma.

## HOW TO APPLY

Through APPI online submit the following materials:

- A copy of your APPI application
- A copy of your CV
- Photocopy of your transcript from your graduate program(s)
- Three letters of recommendation
- An integrative assessment report

Please check for deadline dates on the APPI website. Interviews will occur in late December and January. For questions, contact Shauna Balch: [sbalch@nackidscan.org](mailto:sbalch@nackidscan.org)



## ABOUT NAC

New Alternatives for Children, Inc. (NAC) is an incorporated New York State not-for-profit health and child welfare agency providing comprehensive services for children with severe disabilities and/or chronic illnesses. NAC provides a multidisciplinary continuum of care that meets the needs of the entire family. Our professional staff consists of master-level social workers, doctors, psychologists, psychiatrists, mental health clinicians, nurses, CASACs, parent advocates, educational specialists, recreational associates and vocational and resource specialists. Together we collaborate with families to provide support and services needed to achieve safety, stability, and independent family functioning.

The Vivian and Roger Farah Comprehensive Healthcare Center at NAC specializes in providing a unique blend of medical and mental health services not only to NAC children and their families but also to New York City's most socioeconomically disadvantaged, underserved and vulnerable population. These are children with chronic diseases, developmental disabilities and/or co-occurring mental health disorder, and their families, who live with a myriad of psychosocial stressors. NAC's families carry the emotional scars of inter-generational trauma and they have complex histories. They live in poverty, they frequently have histories of abuse and neglect and domestic violence is common as is homelessness. We serve families residing throughout the five boroughs.

The Vivian and Roger Farah Comprehensive Healthcare Center at NAC offers an array of outpatient medical and mental health services through a licensed Article 28 Diagnostic and Treatment Center and a licensed Article 31 Mental Health Clinic. The clinics provide treatment to children and adults.

37 West 26th St.  
New York, NY 10010

1775 Grand Concourse 7 FL.  
Bronx, N.Y 10453

T. (212) 696-1550  
E. [sbalch@nackidscan.org](mailto:sbalch@nackidscan.org)  
[www.nackidscan.org](http://www.nackidscan.org)



## PSYCHOLOGY INTERNSHIP TRAINING PROGRAM



**EMPOWERING BRIGHTER FUTURES**  
for children with special healthcare needs

# PSYCHOLOGY INTERNSHIP TRAINING PROGRAM

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The psychology internship training program at NAC seeks to develop professionals who can competently provide psychotherapeutic services to an underserved population of clients involved in the child welfare system. Interns are trained to take an integrative, person-centered approach to treatment, with respect to the inextricable link between medical, emotional and behavioral health. The following goals of the Internship are intended as a guide to the Intern's development:

Develop competency in scholarly inquiry and application of scientific knowledge to practice. Interns are trained to ground their clinical practice in theory and research, and to seek out medical experts for consultation in work with medically fragile youth.

Achieve competency in areas of ethics and legal matters by developing a professional identity that adheres to ethical standards and best practice.

Achieve competency in individual and cultural diversity through didactic and experiential training.

Achieve competency in professional values, attitudes, and behaviors by demonstrating a competent level of professional responsibility and interpersonal behavior.

Achieve competency in communication and personal skills by maintaining effective communication and relationships with a wide range of professionals.

Achieve competency in theories and methods of psychological assessment by identifying appropriate test measures; interpreting results of objective and projective assessments; and integrating data meaningfully.

Achieve competency in theories and methods of effective psychotherapeutic intervention by selecting the appropriate intervention for a client's needs and effectively utilizing a range of interventions.

Demonstrate competency of supervision models and practices in direct or simulated practice with other health professionals through didactic training, case collaboration, and team meetings.

Achieve competency in professional consultation skills with an emphasis on developing a knowledge base tailored to the complexities of the child welfare system.

## INTERNSHIP OVERVIEW

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NAC's psychology internship program aspires to be a center of excellence that will afford prospective interns the opportunity to experience the rewards of serving the underserved while receiving training as professional psychologists.

We are committed to providing interns experiences in the following clinical services:

- Dyadic psychotherapy with parents and young children who have experienced trauma and attachment disruptions
- Individual psychotherapy using modalities such as psychodynamic psychotherapy and evidence based treatment models
- Family therapy
- Comprehensive psychological evaluations of adults and children
- Assessment, diagnosis, and treatment of clients who have developmental disabilities or autism spectrum disorder
- Parent consultation to address challenging behaviors
- Mental health consultation to NAC staff and agency personnel

Interns are expected to carry a caseload of 10 to 12 clients and to conduct approximately 15 psychological evaluations over the course of the year.

## IS THIS INTERNSHIP ACCREDITED?

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NAC's Psychology Internship program has been a member of the Association of Psychology Postdoctoral and Internship Center (APPIC) since 2018. The program has been in the process of completing a self-study for accreditation since 2019. However, there is no guarantee that NAC's Psychology Internship will attain APA accreditation at this time.

## TRAINING MODEL

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The internship's training model will provide: A comprehensive orientation, which provides an introduction to all areas of functioning included in the internship with background conceptual and/or didactic frameworks

Weekly didactic seminar sessions (1-2 hours per week) with topics that are pertinent to the clinical work interns will provide at NAC, such as training in assessment and intervention, working with medically fragile youth, and clinical dynamics of adoption.

- Participation in weekly case conferences with a multidisciplinary team from all of the relevant units at NAC for the purpose of insuring an appropriate treatment plan
- Two hours of supervision provided individually and one hour in a group on a weekly basis for both testing and therapy cases
- Supervision provided individually and in a group on a weekly basis by outside supervisors from the NYIPT for the attachment model intervention
- Written evaluation and feedback from supervisors twice a year to identify areas of practice that are strengths for the intern and those needing further skill development
- Interns are provided live supervision at least four times over the course of their internship

Interns receive a stipend of \$25,000 for 12 months with full employee benefits including health and dental coverage (individual or family) as well as five personal days, four weeks paid vacation (accrued), paid sick leave (accrued), and paid holiday time.

## INCLUSION STATEMENT

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*New Alternatives for Children was founded on the principle of inclusion. We strive to create and maintain a diverse, equitable, and inclusive workplace at all levels. It is not enough to serve; we must strive to dismantle oppressive policies and practices.*